## TUBERCULOSIS WHY DO WE CARE AND WHAT CAN WE DO?



## While tuberculosis is mostly a memory in the Western countries it remains a grim reality for the majority of the worlds population



•TB infection is currently spreading at the rate of <u>one person per second</u>.

•It <u>kills more young people</u> and adults than any other infectious disease

•It is the infectious disease that <u>kills more</u> women than any other. •Every year <u>8–10 million people</u> catch the disease and <u>2 million</u> will die from it.

•About a <u>third of the world's</u> population carry the TB bacteria but most never develop the active disease.

•Around <u>10% of people infected</u> with TB actually develop the disease in their lifetimes, but this <u>proportion is increasing</u> in the face of the HIV epidemic.

# Tuberculosis: under control?









# Tuberculosis is always with us





### What makes tuberculosis so pervasive?



# Tuberculosis is always with us







#### World TB Day - March 24, 2006

World TB Day is March 24. This annual event commemorates the date in 1882 when Robert Koch announced his discovery of Mycobacterium tuberculaii, the bacterium that causes tuberculosis (TB). Worldwide, TB remains one of the leading causes of death from infectious disease. An estimated 2 billion persons (i.e., one third of the world's population) are infected with M. tuberculosis. Each year, approximately 9 million persons become ill from TB, and approximately 2 million die as a result. World TB Day provides an opportunity for TB programs, nongovernmental organizations, and other partners to describe TB-related problems and solutions and to support TB control worldwide.

During 1985–1992, after more than 30 years of decline, the number of TB cases reported in the United States increased by 20%. This resurgence generated a renewed emphasis on TB control and prevention during the 1990s, which reversed the trend. Although the 2005 TB rate was the lowest recorded in the United States since national reporting began in 1953, the average annual decline has slowed during the past 3 years, multidrug-resistant TB remains a threat, and disparate rates of TB persist among certain racial, ethnic, and foreign-born populations.

Many states are offering educational programs organized by local TB coalitions in recognition of World TB Day. For example, the Georgia Department of Human Resources, Division of Public Health, Tuberculosis Program is hosting an observance recognizing the activities of a coalition working to reduce disparities in TB among blacks in the Atlanta area. Additional information about World TB Day and CDC TB-elimination activities is available at http://www.cdc.gov/nchstp/tb/worldtbday/ 2006/activities.htm.

### Emergence of Mycobacterium tuberculosis with Extensive

Resistance to Second-Line Drugs — Worldwide, 2000–2004

During the 1990s, multidrug-resistant (MDR) tuberculosis (TB), defined as resistance to at least isoniazid and rifampin. emerged as a threat to TB control, both in the United States (1) and worldwide (2). MDR TB treatment requires the use of second-line drugs (SLDs) that are less effective, more toxic, and costlier than first-line isoniazid- and rifampin-based regimens (3). In 2000, the Stop TB Partnership's Green Light Committee was created to increase access to SLDs worldwide while ensuring their proper use to prevent increased drug resistance. While assisting MDR TB treatment programs worldwide, the committee encountered reports of multiple cases of TB with resistance to virtually all SLDs. To assess the frequency and distribution of extensively drug-resistant (XDR) TB cases,\* CDC and the World Health Organization (WHO) surveyed an international network of TB laboratories. This report summarizes the results of that survey, which determined that, during 2000-2004, of 17,690 TB isolates, 20% were MDR and 2% were XDR. In addition, population-based data

\*Defined as cases in persons with TB whose isolates were resistant to isoniaxid and tilampin and at least three of the six main classes of SLDs (aminopycosides, polyspeptides, fluoroquinolones, thioamides, cycloserine, and paraaminonalicyclic acid).

#### INSIDE

305	Trends in Tuberculosis — United States, 2003
308	Increased Use of Colorectal Cancer Tests — United States, 2002 and 2004
311	Update: Influenza Activity United States, March 5-11, 2006
313	Notice to Readers
315	QuickStats

#### DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR DISEASE CONTROL AND PREVENTION

XDR = Multidrug-resistant TB (MDR-TB) plus resistance to (i) any *fluoroquinolone*, and (ii) at least 1 of 3 injectable second-line drugs *capreomycin*, *kanamycin*, *amikacin* (new definition agreed October 2006)

### MDR-TB = resistance to at least *isoniazid* and *rifampicin*, the two most powerful first-line anti-TB drugs

Of 17,690 isolates from 49 countries during 2000-2004, 20% were MDR-TB and 2% were XDR-TB

XDR-TB found in: USA: 4% of MDR-TB Latvia: 19% of MDR-TB S Korea: 15% of MDR-TB





**Figure 2** Countries with confirmed XDR-TB cases thus far (pink). From the World Health Organization, http://www.who.int/tb/xdr/xdr\_jan.pdf (accessed 22 January 2007).

### NATURE MEDICINE VOLUME 13 | NUMBER 3 | MARCH 2007

FIGURE. Number of reported cases of extensively drug-resistant tuuberculosis (XDR TB)\* - United States, 1993-2006



\*XDR TB defined as resistance to at least isoniazid, rifampin, any fluoroquinolone, and at least one second-line injectable drug (kanamycin, amikacin, or capreomycin). MMWR 3/27/07

<sup>†</sup>Excludes New York City.

# August 2006

Church of Scotland Hospital, Tugela Ferry, KwaZulu-Natal Province, South Africa

- 53 of 544 patients defined as XDR-TB cases
  52 of the 53 patients died on average within 25 days, including those on antiretroviral therapy
- Further investigations being carried out
- XDR-TB likely in bordering African countries

Given the underlying HIV epidemic in Africa, drug-resistant TB could have a major impact on mortality and requires urgent action on care and prevention





### XDR-TB in Southern Africa August 2006

### The fresh air cure 2010

What is it about good food, resting outdoors and no longer being shunned by that makes you feel better when you have TB

## Vitamin D Vitamin A Stress hormones

# How do we work out how to vaccinate?

Have a hypothesis as to what is protective Test the hypothesis in an experimental model Interpret results and determine what the outcome is Publish results allowing investigators who study human disease to integrate the information into their data sets Mice can be infected with a cloud of droplets similar to those released by cough or sneeze. The cellular and pathological response can be analyzed and definitive results obtained



### What does this mean for the mouse?



### We can investigate the function of specific cell types



# We can determine what specific cells do

CD4 T cells divide

**Cytokine production** 

CD4 T cells produce molecules to activate macrophages

Proliferation

Expression of CD44, a marker of T cell activation

### White blood cells accumulate in the lung. The inflammation is controlled by feedback mechanisms



Intact

Deficient

Deficient

Animal experiments have allowed us to identify what parts of the immune response control tuberculosis





Animal experiments allow us to understand important aspects of disease development



### How can we improve this?

